



## OKANAGAN HEALTH & PERFORMANCE

Family & Sports Chiropractic, Massage Therapy, Kinesiology & Naturopathic Medicine

104-1100 Lawrence Ave, Kelowna, BC, V1Y 6M4  
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(250) 860-6295  
Fax: (250) 860-2424

Dear Patient, welcome to **Okanagan Health & Performance**. Thank you for entrusting us with your health.

### PERSONAL INFORMATION

First Name \_\_\_\_\_ Initial \_\_\_\_\_ Last Name \_\_\_\_\_ Care Card # \_\_\_\_\_

Birthdate: MM \_\_\_\_\_ DD \_\_\_\_\_ YY \_\_\_\_\_ Age \_\_\_\_\_ Gender: M \_\_\_\_\_ F \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Prov \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Email \_\_\_\_\_ (for appt reminders and our newsletter)

Type of Work \_\_\_\_\_ Employer \_\_\_\_\_

Marital Status: S \_\_\_\_\_ M \_\_\_\_\_ D \_\_\_\_\_ Sep \_\_\_\_\_ W \_\_\_\_\_ Number of children \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone Number \_\_\_\_\_

How did you hear about us? Referred by: \_\_\_\_\_ Phone book \_\_\_\_\_ Sign \_\_\_\_\_ Other \_\_\_\_\_

### MEDICAL HISTORY AND INFORMATION

Your Medical Practitioner's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Date last seen \_\_\_\_\_ Reason for visit \_\_\_\_\_ Recent medical testing: Xrays \_\_\_\_\_ Blood test \_\_\_\_\_ Other \_\_\_\_\_

### HISTORY OF PRESENT ILLNESS

What is the nature of the acute illness/complaint? Be as specific as possible:

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How did this complaint develop? How long has it been occurring? Have you experienced this before? If due to an accident, please describe what happened in detail.

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Have you noticed anything in particular that is making the complaint better or worse?

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Have you been elsewhere for this complaint? If so, what was the diagnosis and suggested treatment?

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Medications – List all your present medications both for the acute complaint and for chronic health concerns including drugs, vitamins, minerals, homeopathics, herbs and their dosages:

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Are you allergic to any medicines or other substances? If yes, please list:

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Please mark any problem or painful areas as exactly as possible with an X on the diagram below:

