



## OKANAGAN HEALTH & PERFORMANCE

Family & Sports Chiropractic, Massage Therapy, Kinesiology & Naturopathic Medicine

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**Dr. Audrey Wolter, B.Sc., N.D.  
Naturopathic Physician**

### CONSENT FOR TREATMENT

**PLEASE NOTE THAT THIS FORM MUST BE SIGNED PRIOR TO  
YOUR 1<sup>ST</sup> APPOINTMENT**

Naturopathic medicine is the treatment and prevention of disease by natural means. Naturopaths assess the whole person, taking into consideration physical, mental, emotional and spiritual aspects of the individual. Gentle, non-invasive techniques are generally used in order to stimulate the body's inherent healing capacity. Your naturopath will take a thorough case history, do a screening physical examination that may include a breast exam, blood and urine samples. If your case requires, the physical may include more specific examinations such as gynecological, rectal, prostate or genital exams.

It is very important therefore that you inform your ND immediately of any disease process that you are suffering from, if you are on any medication or over the counter drugs. If you are pregnant, suspect you are pregnant or you are breast-feeding; please advise your ND immediately.

There are some slight health risks to treatment by naturopathic medicine. These include but are not limited to:

- Aggravation of pre-existing symptoms
- Allergic reactions to supplements or herbs
- Pain, bruising or injury from venipuncture, acupuncture, prolotherapy, neural therapy or mesotherapy
- Fainting or puncturing of an organ with acupuncture needles, accidental burning of the skin from the use of moxa
- Muscle strains and sprains, disc injuries from spinal manipulation

\_\_\_\_\_ I understand that a record will be kept of the health services provided to me. This record will be kept  
Initials confidential and will not be released to others without my consent, unless required by law. I understand that I may look at my medical record at any time and can request a copy of it by paying the appropriate fee.

\_\_\_\_\_ I understand that the Naturopathic Doctor will answer any questions that I have to the best of his ability. I  
Initials understand that the results are not guaranteed. I do not expect the doctor to be able to anticipate and explain all risks and complications.

\_\_\_\_\_ I understand that charges are to be paid at the time of the visit. Payment for all dispensary items is due at  
Initials the time of the visit.

\_\_\_\_\_ I understand that a fee will be charged (Missed Appointment Fee) for any missed appointments or late  
Initials cancellations (less than 24 hours).

As the patient, you are responsible for the total charges incurred for each visit including costs of supplements. If I have coverage for naturopathic medicine, it is my responsibility to bill my insurance company. I understand that most insurance companies do not cover the cost of supplements. I have read and understood the above stated policies and information. I intend this consent form to cover the entire course of treatment for my present condition. I understand that I am free to withdraw my consent and to discontinue participation in these procedures at any time.

Patient Name: (Please Print) \_\_\_\_\_

Signature of Patient or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_